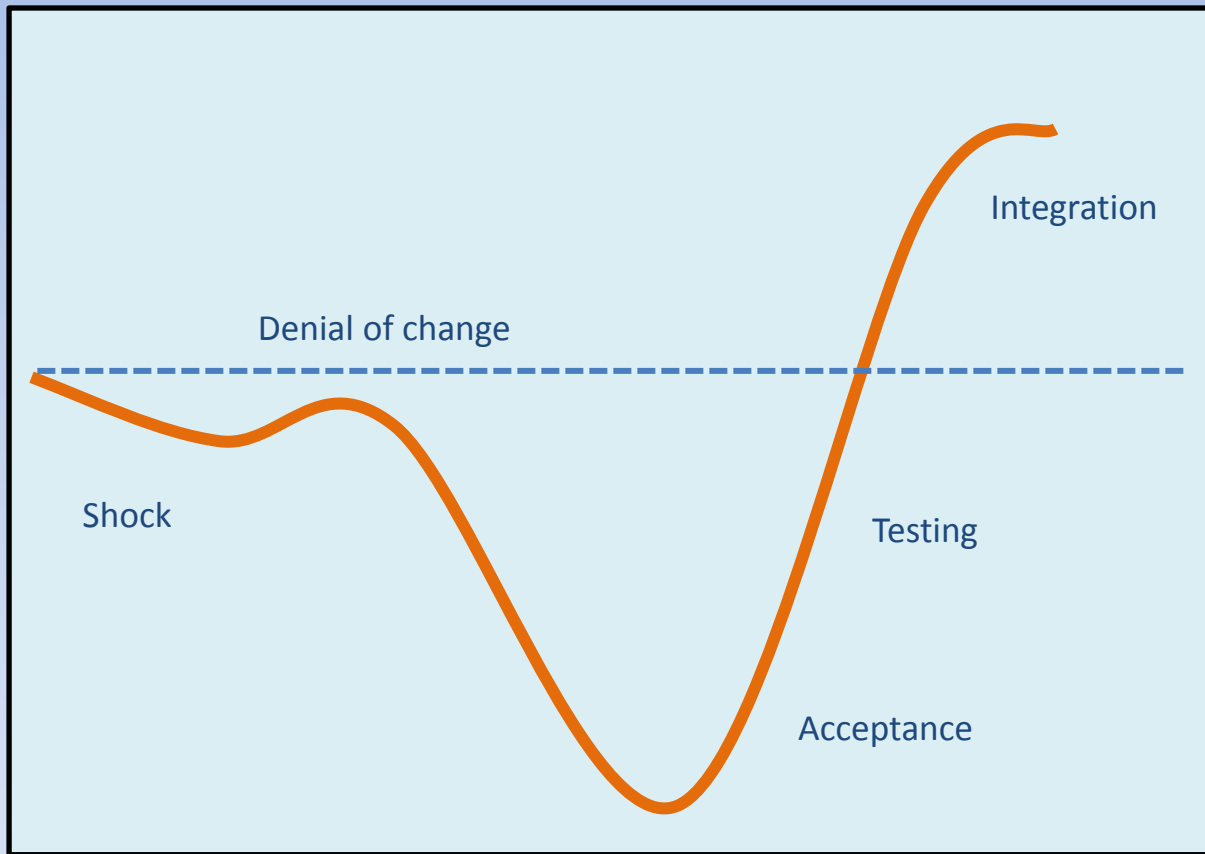


MOUNTAIN LEADER TRAINING AND NICAS



Steve Long, Technical Officer

The Learning Curve



Coaching Qualifications for climbing

1. Who we are



Mountain Leader Training (MLT)

- The co-ordinating body for UK hill walking, climbing and mountaineering qualifications:
 - c.6000 leaders and instructors annually
 - None of our qualifications are legally obligatory
 - Specialise in managing demonstrable routes to competence
- The mountaineering councils (BMC, MI and MCofS) are MLT members

Coaching

- MLT is leading the development of coaching qualifications
 - To complement existing qualifications
 - Our current priority is coaching qualifications for climbing walls
 - Support and reference the NICAS structure
 - Development is focussed on suitability for climbers
 - UKCC is merely an endorsement of a qualification
 - There is no presumption that we should adopt the UK Coaching Certificate structure
 - Nor that we shouldn't



Coaching Qualifications for climbing

2. Looking sideways

Other adventure sports

- Paddle sports, Sailing:
- Adventure, coaching in risky environment
- Complex experience with UKCC
 - Paddling subsumed the leadership qualifications
 - Very lengthy, expensive and controversial development
 - Much paper work involved in assessment
 - Level one is above the UKCC standard
 - Relatively costly for candidates, but good quality
 - Sailing mainly continued to go its own way

Coaching Summits 2009-10

... bring in parents and grandparents

... value of the sporting pound

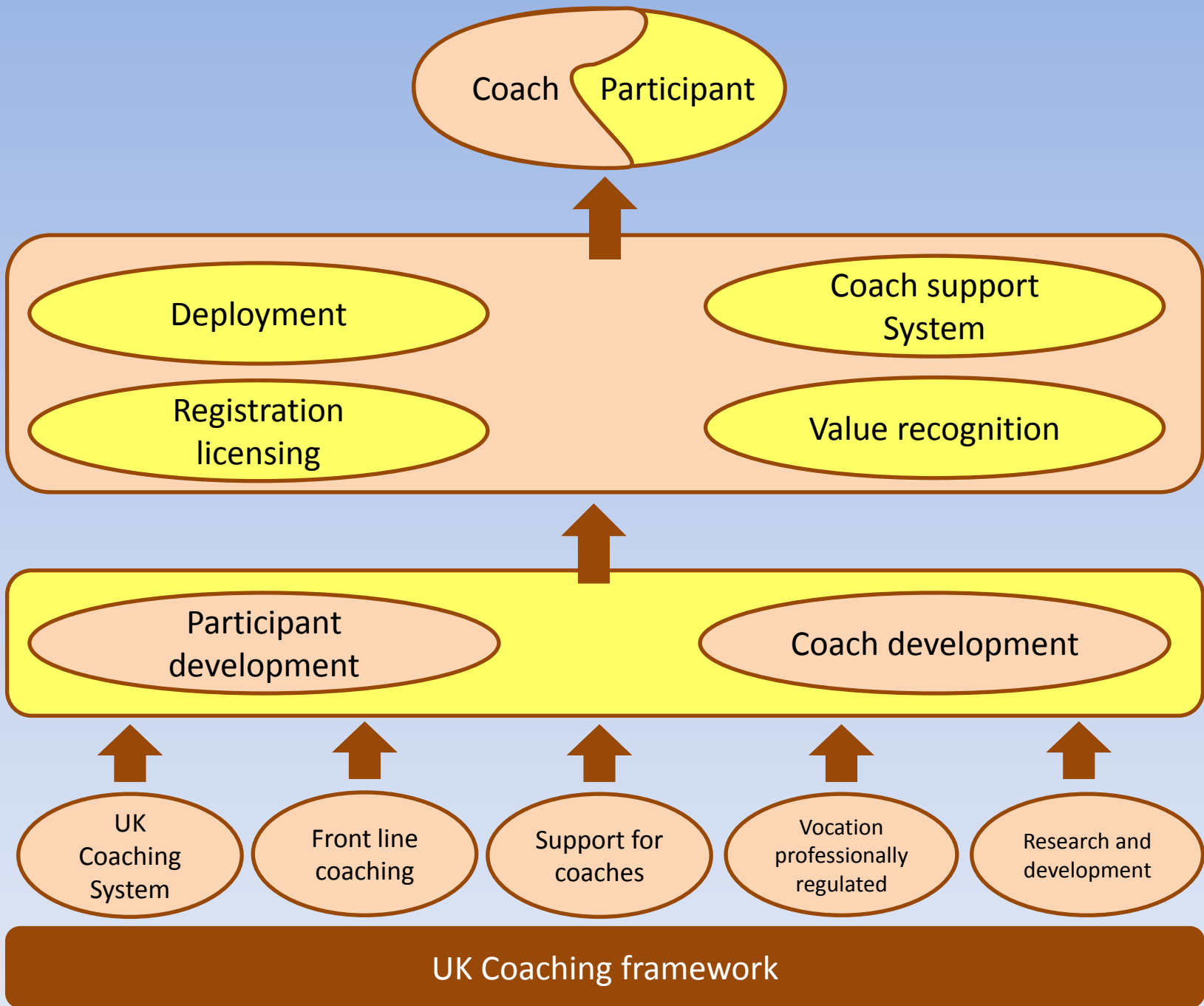
Increased numbers and frequency

Local events – local success

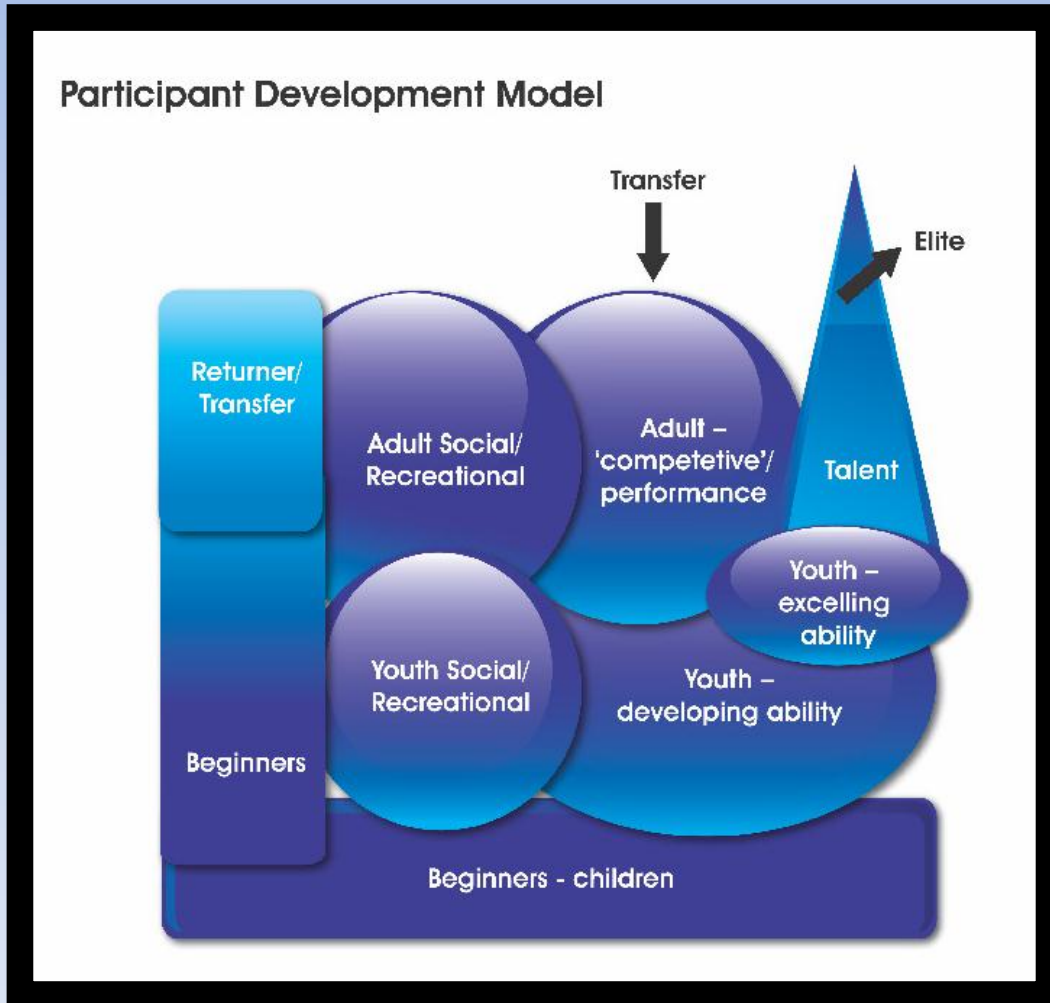
Demonstration effect

Switching between activities

Coordination between England, Wales, Scotland and Northern Ireland



4 years' research for netball:



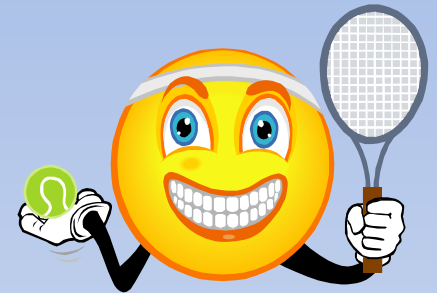
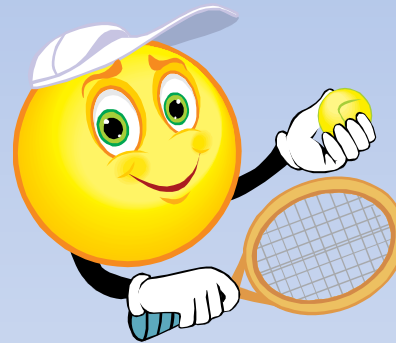
Does climbing differ much?

Typical Scenario for NGB's

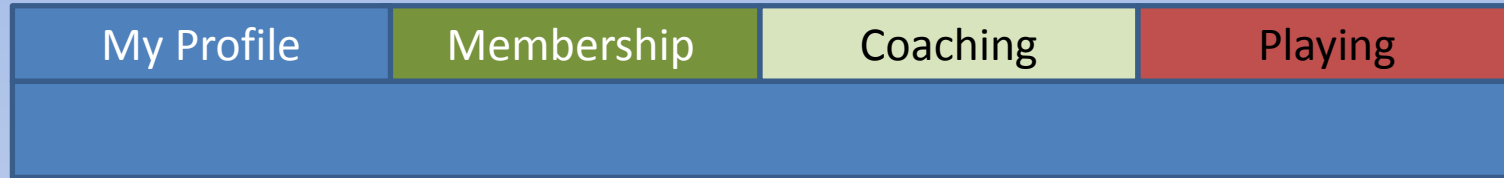
- At the start of the coaching development process, basketball didn't know how many coaches it had or who they were...

Case Study: Lawn Tennis Association

- 1997: LTA introduced coach licencing
 - Only for fully qualified coaches
 - Central administration
 - Paper logbook
 - CPD system
- 2009: New scheme
 - “ a contract between the NGB and the coach”
 - brought in assistant and part-time coaches
 - Web-based, with online logbooks
 - Promoted schemes and raised awareness
 - Continually improving support packages



LTA Coach registration



- Database can print licence, insurance, quals
- Licence requirements:
 - First Aid, CRD credits, CRB, references, qualifications
- Find a course
- Online tests
- £60/year for licence
 - Benefits include gear deals, physio etc



Coaching Qualifications for climbing

3. Creating our own

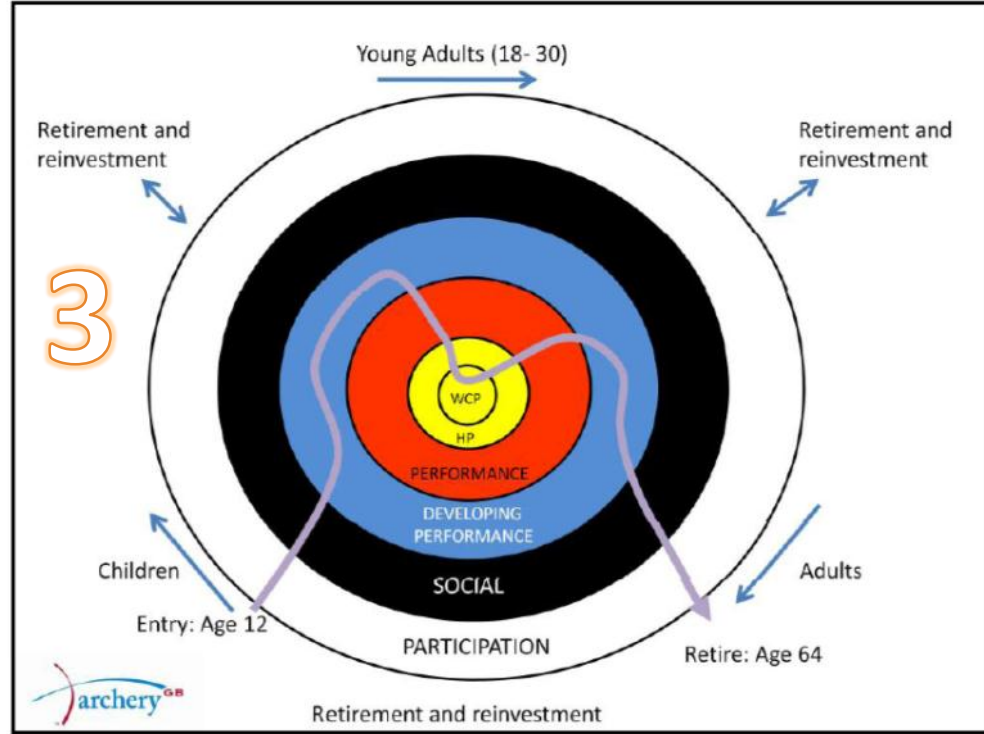
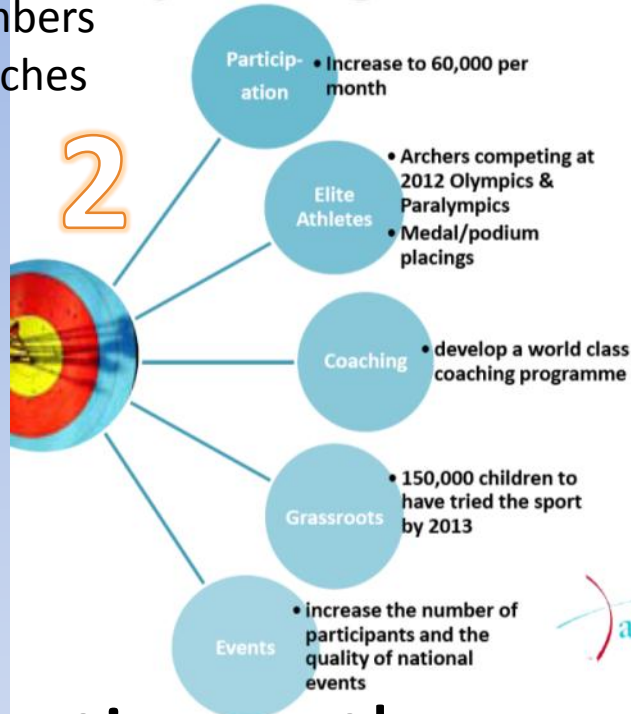
Vision statement



Archery GB's Targets

Our goals: **Archery GB's Targets**

- For climbers
- For coaches



Sporting pathways

How did you get into this?

Participant coaching

Children-Participation-Performance-elite

4 What or who were your greatest influences?

What is your long term plan?

How can a coaching scheme support this?

What does our 'sporting pathway' look like?

5 What does our 'coaching pathway' look like?

Coach Quals levels

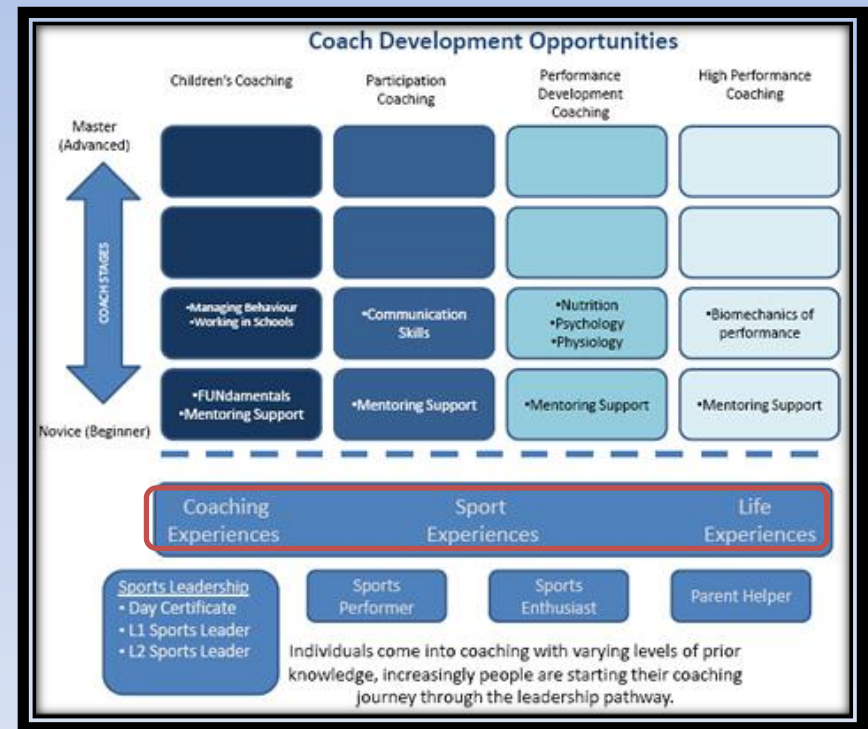
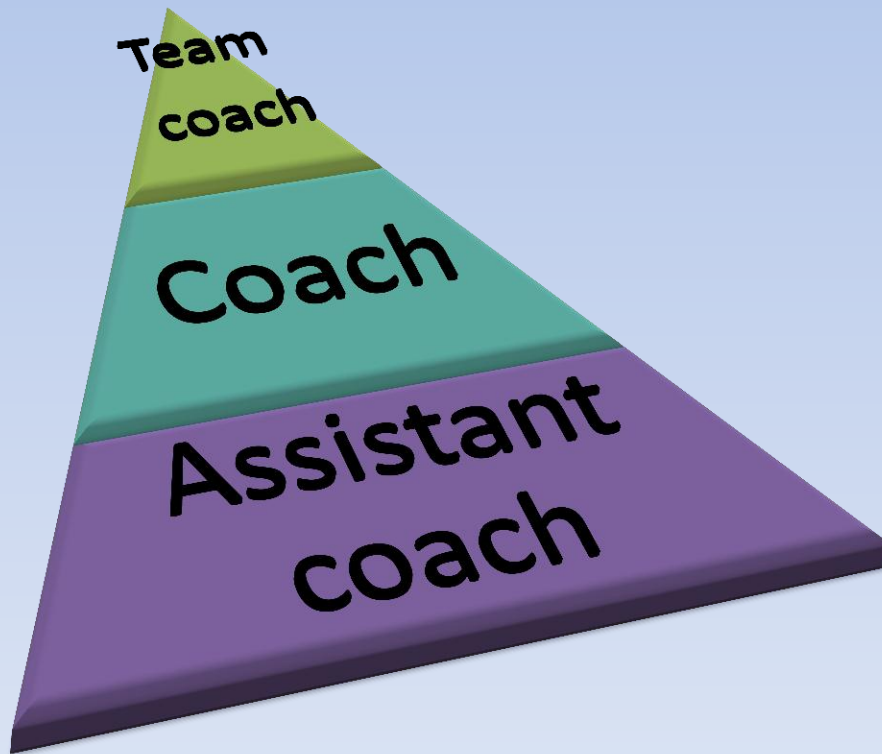
7 1? ↔ 5?



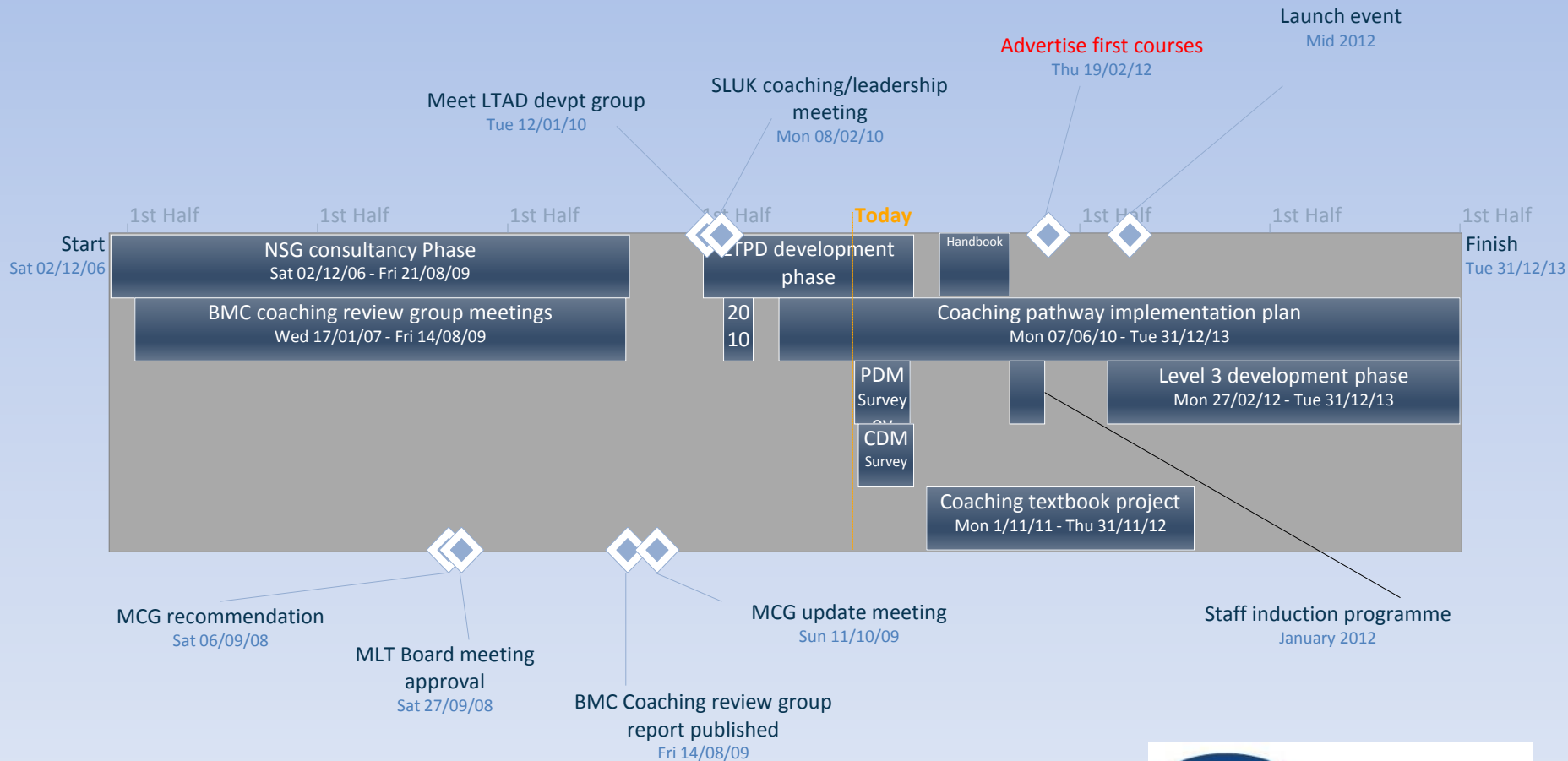
Our goals

- **For climbers:** More fun and more success with less injuries, through access to quality coaching for all
- **For coaches:** Access to quality tuition and resources, with clarity in career pathways for volunteers and professionals

Pyramid vs. 4x4 models



Coaching development timeline



Development strategy

- Collaboration with stakeholders
 - Keep original National Source Group informed
 - Reinforce links across UK and Ireland
 - Management and technical working parties
 - Strategic development plan
 - Design and implementation process
- Continued cultural education
 - Challenge negative stereotypes about coaching
 - Audit existing provision
 - Role modelling (coaches, mentors and participants)
 - Stealth introduction: LTPD workshops

Long Term **Participant** Development

- LTPD has become a generic coaching strand across many sports:
 - FUNdamentals “brand”
- National Councils’ talent identification strategies
 - with funding assistance from the sports councils.
- LTPD modules “signpost” coaching qualification pathway.
- Agreed common standard for FUNdamentals workshops

Skeleton outline for levels 1+2

- Long Term Participant Development (LTPD) workshops:
 - FUNdamentals 1 and 2 (Levels 1+2)
 - Climbing Fitness (Level 2)
- Knowledge base:
 - Psychology (Levels 1+2)
 - Special needs
 - Physiology (Level 2)
 - Nutrition
 - Special needs
- Interpersonal skills:
 - Coaching Processes and behaviours (Level 2)
- Organisational skills
 - logistics/organisation (planning & evaluation) (Levels 1+2)
- Level 1 – maybe CWA training + 2-3 days training + assessment
- Level 2 – probably about a week... (some might by-pass level 1?)
- Level 3 – e.g. content of this symposium

Question time!